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The magic tricks of the yoga practice also keep us entertained long enough to open our mind to a potentially deeper message. All the handstands, acrobatic jump throughs, deep backbends and exciting postures are all just cheap tricks, but the miracle of the practice is no joke.

A Cheap Trick: Handstand, Backbends & the Deeper Dimension ...

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Deeper Dimensions of Chakrasana: Wheel Pose

Practical principles: These are practical principles used daily in Contemplation and Yoga Meditation, not merely abstract principles (4 Practices).For a dedicated seeker of Self-Realization who wishes to tread the Advanced path of Yoga, Vedanta, and Tantra, these principles and associated practices of self-exploration and self-awareness are crucial.

Levels and Dimensions of Consciousness in Yoga

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and that correspond to the skeletal structure of the body.

The Deeper Dimension of Yoga Quotes by Georg Feuerstein

The Deeper Dimension of Yoga Theory and Practice. By Georg Feuerstein. ... In the spiritual traditions, however, virtue is considered a foremost principle of action. While, in Yoga, the ultimate Reality is thought to lie beyond good and evil, there is a recognized need for the cultivation of virtuous deeds, ...

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2003 Deeper Dimension of Yoga; 2003 Lost Teachings of Yoga (Audio CD) 2003 Sacred Sexuality: The Erotic Spirit in the World's Great Religions; 2003 Yoga for Dummies; 2007 Green Yoga (Coauthored with Brenda Feuerstein) 2007 Yoga Morality; 2011 The Encyclopedia of Yoga and Tantra (Revised edition). ISBN: 978-1-59030-879-1

Georg Feuerstein - Wikipedia

The Deeper Dimension of Yoga: Theory and Practice by Georg Feuerstein. Members: Reviews: Popularity: Average rating: Conversations: 80: 1: 250,184 (4.25) None: The vast and ancient tradition of Yoga is a profound path of self-transformation with goals far beyond mere flexibility.

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