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The Elusive Obvious Or Basic

The Elusive Obvious deals with simple, fundamental notions of our daily life that through habit become elusive. Time is money is obviously a good attitude to have in business or work. It is not at all obvious that in love the same attitude is the cause of so much unhappiness. We often make mistakes.

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He was particularly fascinated with the title "Elusive Obvious". In any case the book is written by the very talented Moshé Feldenkrais, who's method of awareness through movement transforms ones body into a state of total efficiency.

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The Elusive Obvious by Moshe Feldenkrais - Penguin Books ...

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The Elusive Obvious or Basic Feldenkrais (□□)

The Elusive Obvious- Or Basic Feldenkrais presents a thorough explanation of the Feldenkrais Method in the words of its founder, and, as its title indicates, it throws light on the causes of health problems that are hidden in plain sight.

The Elusive Obvious | Angus & Robertson

The Elusive Obvious presents a thorough and accessible explanation of the Feldenkrais Method, and, as its title indicates, throws light on the solutions to many of our difficulties that are hidden in plain sight.

The Elusive Obvious - North Atlantic Books

This definition of self-directed learning in 'The Elusive Obvious' seemed to provide the basis for Mia's approach, which proved to "speak" effectively to the student's entire physical-mental spectrum of sensing-feeling-thinking-and-acting.

The Elusive Obvious III - Feldenkraisnow

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